

SPRING 2025

Radio-TV Interview Report

The newsletter to read for guests and show ideas

How the For-Profit Healthcare Industry is Killing Us

Our for-profit healthcare system exploits and harms patients and their caregivers. Nurses are not only overworked and burned out: 18% of them die by suicide. Experienced nurse and educator Kathy Allan not only knows all about these systemic ills, she can also discuss solutions which effectively address a healthcare system run amuck in their quest for profits.

She knows that there is a solution for the increase in patient deaths due to preventable medical errors, and a solution for the increase in workplace violence against doctors and nurses.

The founder of Gutsy Nurses, an organization dedicated to restoring the ethical practice of nursing as well as the sacred trust patients place in their caregivers, Allan is the perfect guest to give an insider's perspective on what's wrong and how to fix it.

SAMPLE QUESTIONS: Can you describe the moment you realized our healthcare system was broken and that "the fix was in"? How can nurses improve their caregiving skills for themselves as well as their patients?

CONTACT: Kathy Allan: (619) 932-5206; Kallan@rtirguests.com

How Ending DEI Initiatives Will Harm Our Workforce

There's been a major recent focus on companies and government agencies eliminating diversity, equality, and inclusion (DEI) initiatives in the workplace. According to author and DEI expert Sara Ting, this will have a very negative impact on the workforce across the board.

"These initiatives are essential to creating a workplace where everyone feels seen, heard, and respected," she says. "In our society, the workforce is very diverse. We have to uphold respect for our differences in order to be optimally productive."

Sara is a DEI educator, speaker, consultant, and author of Small Book with a Big Idea: 5 Minute Training to Empower You and Transform the World.

SAMPLE QUESTIONS: Why are some companies halting DEI initiatives? How does maintaining DEI policies benefit companies and employees?

CONTACT: Sara Ting at (508) 715-3370;

Sting@rtirguests.com

Interview the Navy Seal Who Killed Osama bin Laden

Robert J. O'Neill is one of the most highly decorated combat veterans of our time and is credited with firing the shot that killed Osama bin Laden, mastermind of the 9/11 terrorist attacks. Have Rob share his experiences as part of over 400 combat missions in Liberia, The Balkans, The Persian Gulf and Indian Ocean, Ukraine, Iraq, Afghanistan, and Pakistan.



Ask him about his role as team leader for Operation Neptune's Spear, the mission to kill Osama bin Laden or being the lead jumper for the rescue operation that saved Captain Richard Phillips from Somali pirates.

The author of *The Operator: Firing the Shots that Killed Osama* bin Laden and My Years as a SEAL Team Warrior, Rob is now a security consultant and philanthropist who provides media analysis on terrorism and military strategy.

CONTACT: Mark Goldman at (516) 639-0988; mark@goldmanmccormick.com

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Are Tariffs Really the Key to America's Future Prosperity? This Finance Expert Says Yes

Veteran wealth manager **Rodger Friedman** isn't afraid to say what others won't: Tariffs aren't a problem—they're the solution. Author of the hard-hitting column "Equal Opportunity Times," Friedman dives headfirst into the economic debate that many politicians dodge.

Drawing from decades of financial experience and geopolitical observation, he makes a bold case for tariffs as a tool to protect American jobs, secure economic sovereignty, and push back against manipulative global trade practices.

Friedman's no-nonsense style pulls no punches and invites your audience to think critically about how America does business with the world. If you're tired of sugar coated economic theories and want unfiltered insight from someone who's seen it all, invite him on your show.

SAMPLE QUESTIONS: Why does you believe tariffs are essential for reclaiming U.S. manufacturing strength? Can imposing tariffs actually benefit the average American consumer?

CONTACT: Rodger Friedman: (301) 327-2255; rfriedman@rtirguests.com

How This Psychotherapist Healed Decades of Trauma with Psychedelics

Psychotherapist **Anjalia McGoldrick** was catapulted into adulthood at age nine, pregnant by thirteen, and out in the world in an abusive relationship as a young mother at fourteen. Ultimately, she only escaped this relationship with her life at sixteen.

Although she triumphed over her many obstacles against incredible odds to become very successful, she still harbored a deep wound, from the difficult decision she made out of desperation as a young mother... to leave her child behind.

Are you ready for a show about heartbreak, healing, growth, and forgiveness? Invite Anjalia on to talk about her journey and how psychedelic medicine changed her life.

SAMPLE QUESTIONS: Why do you believe psychedelics are such a powerful tool? What role has hope played in your story? Why is psychedelic medicine becoming more widely accepted?

Anjalia is the author of *The Child I Left Behind A Mother's Journey Toward Healing & Forgiveness*.

CONTACT: Anjalia McGoldrick at (540) 616-3200; amcgoldrick@rtirguests.com

From Mt. Everest to a Solo Expedition in Antarctica: Interview This Pioneering Female Mountain Climber

After years of working as a top corporate executive, **Siv Harstad** experienced severe burnout. So she decided to climb new mountains, literally. She tackled the world's seven summits, the highest peak on all continents, including Mt. Everest and Kilimanjaro; and the highest volcanoes on all seven continents, totaling 33 expeditions.

Ironically, she used to suffer from an acute fear of heights! Her experiences became a metaphor for tackling life's challenges, especially for women. "If I can manage to climb Mt. Everest, so many other people can do things that they have been dreaming about, especially women," she says. "More women than men hold themselves back, due to their upbringing and societal imprints."

SAMPLE QUESTIONS: How did you overcome your fear of heights to climb the world's highest peaks? What can women do to stop holding themselves back and take on bolder challenges?

CONTACT: Siv Harstad at Sharstad@rtirguests.com



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Experts by Subject

Don't Let Your Kids Fall Behind This Summer: This Ph.D. Demystifies Math for Struggling Students

Dr. Craig Hane—aka Dr. Del—isn't just another math educator. He's here to provide what our school systems won't: "Most students have had a bad experience with math," Hane writes, "and even if they survived it, they find much of what they were tested on of little value." This summer is the perfect time to reorient your teen to the accessibility—and future practical benefits—of math.



Hane is the founder of the Triad Math Army, a revolutionary system designed to make math fun, fast, and actually useful for teens and young adults who feel left behind. Book him on your show to discover that, most of the time, the problem isn't the math concepts — it's the teachers.

SAMPLE QUESTIONS: How can a teenager who hates math learn to love it in just weeks? Why do you believe most schools are teaching math all wrong?

CONTACT: Dr. Craig Hane at (812) 408-8047; chane@rtirguests.com

Meet the Man Who Was Sending Viral Emails Before Social Media Even Existed

Long before TikTok trends and Twitter threads, one man was making people laugh around the world—by email. Nearly 30 years ago, **W.G.** "Bill" Williams began sending a daily dose of humor to his sales team to get them to actually read their messages.

Williams's emails went viral before "viral" was even a thing, spreading across offices, industries, and continents. Today, his "Thought for the Day" still hits inboxes from Ohio to Australia, and now, he's finally sharing the best of them in a new book series: 20 Years of Internet Humor ... and Other Interesting Things.

A former FEMA spokesperson, university professor, and consulting entrepreneur, Williams has been quietly building one of the internet's longest-running humor traditions. Have him on your show to talk about the power of laughter, the evolution of communication—and how to build an audience that sticks around for three decades.

SAMPLE QUESTIONS: What first gave you the idea that a joke could inspire your employees? Can you share a story about your college buddy, the late musician John Denver?

CONTACT: W.G. "Bill" Williams: (419) 534-0399; wgwilliams@rtirguests.com

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What Was It Like to Fly Nighttime Bombing Missions in Vietnam? Ask This Combat Veteran

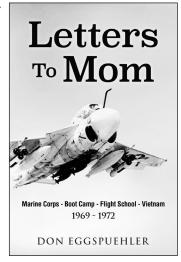
It's a long way from Iowa Falls to North Vietnam, and Marine combat pilot **Don Eggspuehler** probably never felt as far from home as when flying his Grumman A-6 Intruder during a night bombing mission to disrupt enemy supply lines.

Eggspuehler details harrowing missions like these in his latest book, *Letters to Mom*, streaking along valley highways in the mountains of Laos, with no visual or radio navigation aids, a pitch-black cockpit, and nothing but radar to direct course, altitude, and bombing. When the loud siren-like beeping filled his headphones warning of a a surface-to-air-missile launch, Eggspuehler knew he had to break—but where? Into the side of a mountain?

SAMPLE QUESTIONS:

- What was your first night bombing mission like?
- How did re-reading your Vietnam-era letters home help give you closure?

CONTACT: Don Eggspuehler at (469) 402-6613 or deggspuehler@rtirguests.com



Why Art Isn't Just for Artists — It's a Lifeline for Mental Health

In a world full of noise, chaos, and uncertainty, author and educator **Lynette Watkins** offers a path to clarity—through art. As a passionate advocate for creativity, Lynette believes art isn't just decoration—it's a spiritual experience, a mental health lifeline, and a powerful tool for education.

Lynette shows us that healing, inspiration, and resilience often begin with a brushstroke. She says, "If you're ready to thrive—regardless of what's happening in the world—take a trip with to the nearest art museum... and find yourself.

Lynette is an acclaimed artist, professor of art, writer, musician, and author of *Can It Be That Some Chains Are Mere Shadows? A Visual Journey From Darkness To Light.*

SAMPLE QUESTIONS: How does creativity help to alleviate stress and anxiety? Why is art an afterthought in our society, and what can we do to change that?

CONTACT: Lynette Watkins at (575) 454-4635; lwatkins@rtirguests.com

How to Time Travel This Summer— Into Your Past Lives

Ready for a summer of true self-discovery? **Alla Kaluzhny**— spiritual psychologist, certified oracle cards reader, licensed therapist, certified hypnotherapist and award-winning author—invites your audience to explore the soul's journey across lifetimes.

Her past-life memoir *Turning the Pages* won a Silver Medal in the 2024 International Book Awards and was named 2nd Place in The Most Moving Book 2023 Awards.

While most guests talk about past lives, Alla remembers her own—and shares them in vivid, emotional detail. She reveals how who we were before shapes who we are now—our relationships, fears, patterns and choices.

On your show, Alla can:

- Share unforgettable stories from past incarnations
- Explain how past-life patterns impact your present
- Answer questions about karmic relationships, déjà vu and destiny

Offer a live mini past-life reading to the host or a listener

CONTACT: Alla Kaluzhny at (213) 459-3509; akaluzhny@rtirguests.com

Timely Segment for Juneteenth & Black Music Month

Before Beyoncé Broke Into Country — Marian Anderson Broke Barriers

As Beyoncé makes her mark in country music with her Cowboy Carter tour this summer, now is the perfect time to spotlight the story of the original barrier-breaking Black woman who helped make moments like this possible: Marian Anderson.

Long before genre-bending was celebrated, Marian was denied the stage at Constitution Hall—so she sang on the steps of the Lincoln Memorial before 75,000 people, sparking a cultural shift that helped launch the Civil Rights Movement.

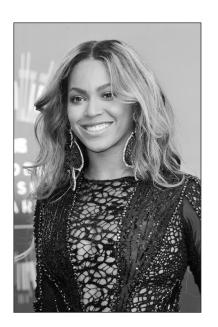
In *Remembering a Great American Hero: Marian Anderson—The Lady From Philadelphia*, author **Emile Henwood** reveals how Anderson used her voice to do more than sing. She mentored icons like Martin Luther King, Jr. and Jackie Robinson and her legacy still shapes modern artists and activists today.

Her story is a must-hear during Juneteenth and Black Music Month.

Book him for a conversation that bridges Marian to Beyoncé

—and history to now

CONTACT: Emile at (267) 358-6478; ehenwood@rtirguests.com



How to Heal the Toxic Social Environment That Drives Youth Suicide

In a world where suicide is now the leading cause of death for youth ages 10-33, therapist **Sally Raymond** is on a mission to change the narrative. With over 33 years of experience and 29,000 therapy sessions without a single loss to suicide, Sally's expertise is undeniable. Her deeply personal journey—shaped by the loss of her son to suicide—continues to fuel her determination to help others avoid the same unnecessary and heartbreaking fate.

Sally has worked tirelessly to uncover the toxic social forces that first took her own son to suicide, and still work to demoralize today's youth in ever-increasing numbers.

In this powerful interview, she'll reveal the hidden factors contributing to the rising suicide rates, including bullying, social media pressures, and lack of emotional support. Sally's message is clear: while we can't always prevent suicide, we can always make life worth the living.

Don't miss this opportunity to have Sally on your show to help raise awareness and provide real solutions for healing.

CONTACT: Sally Raymond at (805) 252-4627; sallyraymond.cox@icloud.com

What a Woke Redneck Can Teach Us about Race, Power and Real Leadership

He's white. He's evangelical. He raises bulls for fun. And he's "woke"—but not in the way you think.

Rick Patterson is a former evangelical pastor turned corporate exec and father of four adopted Black children. Through that wild mix of identities, he's learned what it really means to talk about race, masculinity, power and faith without blowing things up.

In his interviews, Rick unpacks:

- How to lead with humility
- How masculinity gets warped by shame
- Why the "culture wars" are failing us

With humor, honesty and a voice both sides can actually listen to, Rick shows how we can bridge divides and build something better.

The author of *Shame Unmasked* and *The Meek Shall Inherit the Earth*, Rick is not here to play it safe—he's here to get real.

CONTACT: Rick Patterson at (517) 300-2706; Rpatterson@rtirguests.com

Don't Worry, Be Happy: Tips for a Healthy, Positive Summer

Even in summer, when you're supposed to be having fun in the sun, you can have grumpy days. Meet **Deborah Mallow**—your personal ray of sunshine!

A lifelong New Yorker turned happiness expert, Deborah brings science-backed strategies and contagious warmth to help people live with fewer days that suck.

Through humor, heart, and her simple 6-step mindset makeover, she empowers audiences to enjoy more and worry less. Whether you're drowning in procrastination, stuck in self-doubt, or just need a boost, Deborah offers easy, actionable hacks to reset your brain and reclaim your joy.

SAMPLE QUESTIONS:

- What are a few quick tips to help adjust our mindsets and find our sunshine?
- What are some simple hacks to help us worry less and enjoy more this summer and beyond?



A former #1 pharmaceutical sales rep, she is the author of 6 Steps To Fewer Days That Suck: Ditch Unhealthy Habits Unzip A Happier You.

CONTACT: Deborah Mallow at (516) 613-5359; dmallow@rtirguests.com

Corporate Refugee Reveals How to Become a Successful Entrepreneur

Tired of feeling trapped in the 9-to-5 grind? **Greg Mohr** was too—until he walked away from corporate America and found true freedom through franchising. Now, after helping more than 250 people launch over 500 franchise locations, Mohr's showing others how to do the same. As the author of the *Wall Street Journal* bestselling book, *Real Freedom*, Mohr will break down the steps of franchise ownership in a way that's approachable, practical, and inspiring.

Through his work at Franchise Maven, Mohr helps aspiring entrepreneurs transition from corporate employees to entrepreneurs with a proven, repeatable process. He's also an engaging, media-savvy guest, having appeared on over 120 podcasts.

SAMPLE QUESTIONS: What are some myths about franchising that keep people stuck in unfulfilling careers? How can someone know if they're the right fit for franchise ownership?

CONTACT: Greg Mohr at (361) 204-5470; gmohr@rtirguests.com

Has Christianity Abandoned God's Commands? Interview the Author Who Says Yes

Churches across the world preach love for God—but are they ignoring what that love requires: obedience to His original commandments? In his thought-provoking book *Following Christ: Rediscovering the Jewish Faith of Jesus*, religious scholar **Harry Buerer** makes a bold claim. He says modern Christianity has strayed from God's instructions, abandoning practices given through Moses including:

- Keeping the Sabbath
- Observing biblical festivals
- Honoring dietary laws

Buerer, a seminary-trained Bible scholar and longtime church leader, argues that Jesus and his earliest followers upheld these teachings—and that Gentile Christians were never meant to reject them. His insights challenge centuries of tradition and invite believers to take a fresh look at what it really means to love and obey God.

This is a conversation that will stir hearts, spark debate, and encourage deeper biblical reflection.

CONTACT: Harry Buerer at (503) 388-9245; hbuerer@rtirguests.com

His TEDx Talk Has Over 10.5 Million Views

Delayed Gratification Expert Reveals How This Surprisingly Simple Habit Leads to Lasting Success

Why do so many smart, hardworking people still feel stuck, scattered or unfulfilled? According to **Emilio Justo, M.D.**, the real problem isn't effort—it's timing.

A two-time international TEDx speaker (with over 10.5 million views) and bestselling author of *The Power of Pause*, Dr. Justo reveals how mastering the habit of delayed gratification—the ability to pause before reacting—can dramatically improve focus, resilience and achievement.

Studies show that people who master delayed gratification are more likely to succeed in school, earn more money and maintain healthier relationships.In fact, the famous Stanford Marshmallow Experiment found that children who could delay gratification were more likely to thrive academically, professionally and personally as adults.

Drawing from his journey as a Cuban refugee who became a renowned surgeon and entrepreneur, Dr. Justo delivers a rare mix of heart, science and actionable wisdom that resonates with audiences of all backgrounds.



In an interview, Dr. Justo can reveal:

- Why delayed gratification—not instant action—is the real driver of success
- The neuroscience behind self-discipline, focus and emotional control
- How to outlast distractions and build a life with more purpose and clarity

If your audience is tired of quick fixes and ready for a mindset shift that actually works, book Dr. Justo to deliver fresh, research-based strategies that stick.

CONTACT: Dr. Emilio Justo at Ejusto@rtirguests.com (email preferred); (480) 992-6803

From Pro Athletes to Polka Mishaps: One RN's Journey to a Pain-Free Formula

Imagine living with pain every day and finding no relief from conventional treatments. That's the reality for over 50 million Americans. One woman's injury led her to create a solution now helping thousands find lasting relief.

A wedding dance gone wrong—the Beer Barrel Polka—landed **Stacey Roberts**, a seasoned Registered Nurse and Physical Therapist, in an orthopedic surgeon's office. That moment sparked her mission to transform pain care. The result: The Pain-Free Formula—a breakthrough approach that targets the root causes of chronic pain instead of just masking symptoms.

Although pain management became a medical subspecialty in 1995, millions still suffer from unresolved pain tied to hormonal imbalances, food sensitivities, and old injuries.

With over 30 years of experience, Stacy Roberts, RN, PT, blends SoftWave therapy with cutting-edge, non-invasive treatments to help patients find real, lasting relief. Her expertise has not only guided everyday patients to freedom from pain—she has also worked with over 10 national professional athletic teams, helping elite athletes recover faster and perform at their best.

What began with a polka injury has grown into a movement—empowering thousands to live pain-free, without relying on prescriptions or endless procedures.

CONTACT: Stacey Roberts (414)522-6153; sroberts@rtirguests.com

SAMPLE QUESTIONS:

- How did a polka dance injury lead you to revolutionize pain relief?
- What makes The Pain-Free Formula different from conventional treatments?
- Why are hormones and gut health key to fixing joint pain?
- What's one thing people can do today to start living pain-free?
- Is there a difference between pain from a sports injury and a recreational dance injury?
- What common threads do you see in how both celebrities and athletes approach and deal with pain, and how does The Pain-Free Formula address those unique needs?

Why There Are No Bad Dogs: One Woman's Mission to Train with Compassion

Everybody loves dogs, right? **Kathleen Troy** is a dog lover who's been involved with dog training for 20+ years and she's ready to share her training methods based on compassion, consistancy and respect for the dog.

Kathleen trained her dog, Dylan, to count to ten, understand multiple languages and hand commands, and so much more! She is the author of the *Dylan's Dog Squad* series, as well as a nonfiction book about dog training. She is the perfect guest to give your audience the ultimate show about dog training.



SAMPLE QUESTIONS: How do your methods differ from other trainers? What lessons have you learned through training dogs? What trick do you think all dogs should be taught?

CONTACT: Kathleen Troy at (714) 975-9807; ktroy@rtirguests.com

Is Heaven for Real? Ask the Woman Who Has Had Two Near-Death Experiences

When it comes to the supernatural, **Nancy Frecka** is very familiar. She's experienced heaven and is passionate about teaching others to put their trust in God.

Pastor Nancy is a delightful guest who has experienced two documented near-death experiences. On your show, she will share about her life-threatening, yet inspiring, experiences.

Her book, *God Says*, "You Can Trust Me": Supernatural Encounters with God has become a beacon of hope for many, as she shares her journey of resilience and perseverance.

SAMPLE QUESTIONS:

- What did Heaven feel like?
- How have your multiple near-death experiences changed you?
- What evidence of the supernatural have you experienced?

CONTACT: Nancy Frecka at (330) 422-6955; nfrecka@rtirguests.com

From Mormonism to Addiction and Self-Discovery: This Author Shares Her Wild Road to Redemption

What happens when a devout Mormon mother of five dares to question everything she's ever known? Meet **Susie Bell**—a nurse practitioner who went from being excommunicated from the Mormon Church, a heart-wrenching divorce, and single motherhood in Las Vegas to self-made success.

With honesty and grit, Susie recounts her journey through addiction recovery, being drugged and raped by a famous athlete who relentlessly harassed her, and even a surreal moment in the hospital room with the body of Tupac Shakur following his murder. Her story is not just about leaving religion—it's about reclaiming power and purpose.

She is the author of the memoir *A Piece of Me: Finding My Voice After Mormonism, Marriage, Medicine and Men.*

SAMPLE QUESTIONS: Why were you excommunicated from the Mormon Church, and how did this affect your life? How did you overcome divorce, addiction, and being sexually assaulted?

CONTACT: Susie Bell at (213) 816-3622; sbell@rtirguests.com

How Stress Can Be Your Superpower— If You Know Where Your Sweet Spot Is

Stress gets a bad rap. But according to acclaimed psychologist **Stephen Sideroff**, it can be used as a tool for a better life. "Most people see stress as the enemy, but it actually can be a teacher," he says. Rather than bouncing back, Stephen teaches us how to bounce forward with strength, clarity, and a mindset built for growth.

Drawing from decades of research and work in addiction, performance psychology, and brain behavior, he reveals how stress can be harnessed as a tool for transformation, vitality, and even slowing the aging process.

He is a professor and the author of *The 9 Pillars of Resilience*: The Proven Path to Mastering Stress, Slow Aging and Increase Vitality.

SAMPLE QUESTIONS: What are some of the major stressors of modern life, and how can people effectively navigate these? How can people overcome negative coping mechanisms, such as addiction?

CONTACT: Dr. Stephen Sideroff at (213) 660-4659; ssideroff@rtirguests.com

Think You're Too Old for Big Goals? Interview This Inspiring 87-Year-Old Aiming for the Guinness Book of Records!

Meet the octogenarian putting us all to shame. Author **David Selley** is rewriting the rules of aging — and the publishing world. With four books already out and ten more planned this year, Selley is on a mission to become the oldest person to publish the most books in a single year, and he's not stopping there.

Backed by a 65-year marriage, three citizenships, and decades of entrepreneurial wisdom, this globe-trotting powerhouse is also launching a global initiative to empower over 700 million aspiring entrepreneurs—proof positive that ambition doesn't retire.

SAMPLE QUESTIONS: You've been married for over 65 years. Tell us the similarities between relationships and entrepreneurship. What do you mean by "you cannot teach something you have not done"?

CONTACT: David Selley: (808) 229-3985; Dselley@rtirguests.com

Can forgiveness really stop pain and restore peace overnight?

Beatty Carmichael, author of *The Prayer of Freedom*, reveals how unforgiveness is often the hidden root behind relationship conflicts, chronic pain, migraines, and emotional challenges. Working with recovering addicts who experienced extreme abuse, Beatty developed a simple process to help: 3 steps to forgive anyone for anything—even those who are unforgivable.

Beatty has helped over 700 people find relief from pain, restore relationships, and experience peace. Many see changes immediately—pain disappearing, stress releasing, and calm replacing years of frustration.

Learn more at: InterviewBeattyCarmichael.com.

SAMPLE QUESTIONS: What are some of the hidden costs of unforgiveness that most people don't realize? How does forgiveness can lead to physical healing?

CONTACT: Beatty Carmichael at (205) 635-4824; Bcarmichael@rtirguests.com

Want to Be Happier, Healthier, and Wealthier? Stop Procrastinating!

If you've been feeling stuck, overwhelmed, or that your best life is always just out of reach, there's a scientific reason for that. Thanks to exciting breakthroughs in neuroscience, we know which parts of the brain cause procrastination—and how to train them to work for you instead of against you.



Backed by over 25 years of university teaching and five years of research, **Dr. Linda Gannaway** turned her own struggles into a powerful, practical book: *FINALLY Stop Procrastinating: When Nothing Else Works, Unlock Your Hidden Power to Succeed.* Whether you want to earn more, improve your health, or simply feel more fulfilled, Gannaway offers a roadmap to move forward—without the guilt and frustration. Interview her to learn how to unlock your brain's full potential and finally achieve the results you deserve.

SAMPLE QUESTIONS: Tell us about the latest brain research on the underlying causes of procrastination. You claim that procrastination is learned. How can it be unlearned?

CONTACT: Linda Gannaway (559) 234-4572; Lgannaway@rtirguests.com

Summer Style Secrets for Every Size: What to Wear to Weddings, BBQs, the Beach & More

From backyard BBQs to beach weddings, summer is full of events—and nothing to wear! That's where **Gayla Bentley** comes in. Author of *Fashion's Stepsister: A Journey to Style*, Gayla helps women of every size dress with confidence, elegance and ease—even on a budget.

With an illustrious background at Saks Fifth Avenue and fashion training in Paris, Gayla knows how to make any outfit event-ready. She's here to solve warm-weather wardrobe woes, from finding flattering, breathable fabrics to restyling what's already in your closet.

On air, Gayla brings the fun with live fashion tips while also tackling deeper issues like body positivity, style anxiety and the myth that you have to spend big to look great.

Whether you host a podcast, radio show or YouTube stream, your audience will be empowered to RSVP "yes" to every invite this summer.

CONTACT: Gayla at (936) 261-7713; gbentley@rtirguests.com

Timely Topic: Former USAID Diplomat on What the U.S. Needs in These Divisive Times

President Trump fired thousands of employees with the U.S. Agency for International Development (USAID) on the advice of the Department of Government Efficiency, led by Elon Musk. Retired American diplomat **Danielle Reiff** served with USAID for 20 years and believes this was a big mistake.

She'll clear up the misconceptions about the agency and explain what it actually did as well as why it was so vital to America's "soft" international political power.

Beyond that, Reiff is a self-described peacebuilder, dedicated to building consensus-based self-governance through dialogue, collaboration, information resilience, and unity in diversity.

In addition to her service as a diplomat, Reiff is also a violence prevention expert and the founder of the Peacebuilders Initiative, a group created to inspire and support citizens to come together across historic divides.

CONTACT: Danielle Reiff at (202) 499-7256; dreiff@rtirguests.com



SAMPLE QUESTIONS:

- How did your experience at USAID prepare you for becoming a peacebuilder?
- How do you propose bridging the gaps that divide this country?

What an Intuitive Mentalist Can Teach Your Audience

Dr. Dan Bartlett, a Certified Metaphysical Practitioner with over 30 years of experience, empowers audiences to gain insight, clarity, and direction in their lives.

In his book, *Six Easy Secrets to Psychic Success*, he reveals how to develop natural intuitive abilities to improve relationships, overcome challenges and unlock personal potential.

Dr. Dan's approachable guidance can teach your audience how to tap into their innate intuition to improve decision-making or even start their own intuitive business from home.

Known for his engaging style as a Magical Mentalist, Dr. Dan can also captivate your audience with live mind-reading demonstrations. Inspire your audience with practical ways to enhance relationships, well-being, and career success.

CONTACT: Dr. Dan at (623) 308-4083; dbartlett@rtirguests.com to schedule an interview and discover the secrets to intuitive empowerment.

Overcoming Trauma: One Author's Journey from Fearful to Fierce

From a childhood marked by trauma to a life of personal power, author, speaker, and survivor **Ariel Vox** reveals how fear and stress, when understood and embraced, can become powerful tools for growth. Her message: "You don't need to eliminate fear to succeed—you need to use it to your own advantage."

Through her transformative self-help framework, Ariel helps others turn emotional setbacks into a source of strength and clarity with three powerful steps. Ready to see fear in a whole new light? Discover how you can move from breakdown to breakthrough.

Ariel is a successful destiny coach and author of *From Fear to Fierce: How to Turn Failure Into Success.*

SAMPLE QUESTIONS: What trauma did you experience in childhood? What are the reasons why your dreams are not coming true, and what role does fear play in this process?

CONTACT: Ariel Vox at avox@rtirguests.com

How This Broadway Producer and Radio Host Helped Launch Andy Kaufman's Career—and Now Shares His Secrets to Uncommon Success

Want to know what it's like to produce a one-man show with Andy Kaufman— in college? Or coach Jim Carrey for *Man on the Moon*? Have **Al Parinello** on your show to find out.

Al is a media entrepreneur, Broadway producer, former radio host of *Your Own Success*, and creator of a six-step formula for achieving the "impossible" regularly. With over 3,000 interviews under his belt—including Donald Trump, Steve Allen, Merv Griffin, and rock stars galore—Parinello's boiled down what truly works when it comes to personal and professional success.

His fresh, counterintuitive strategies have inspired students, professionals, and creatives alike. He's got the stories, the strategy, and the showbiz sparkle to light up any mic.

SAMPLE QUESTIONS: What exactly is the 'PIX Factor'— and how can it change someone's life overnight? How did working with Andy Kaufman shape your understanding of success and risk-taking?

CONTACT: Al Parinello at (201) 730-9769; aparinello@rtirguests.com

Are You Living with Pain?

This Expert Shares How to Stay Alive, and Thrive

Vita Oyler is no stranger to debilitating pain. When she was a young, highly athletic woman, she accidentally stepped on a rock, after which she developed reflex sympathetic dystrophy (RSD), a severe malfunction of the nervous and immune systems. This led to decades of excruciating pain and, ultimately, the amputation of her foot and part of her leg. But not only did she manage to survive this, she learned how to thrive and live a full, rewarding life.

Vita is a rehabilitation counselor and doctoral candidate at San Diego State University. She is the author of *Got Pain? Now What?*

SAMPLE QUESTIONS: How did you manage to stay positive and live a productive life following years of severe pain? What practical skills can you share for people living with pain?

CONTACT: Vita Oyler at (209) 255-2962; Voyler@rtirguests.com

Business Expert Shares How to Really Pay Off the National Debt

As political strategist James Carville famously said, "It's the economy, stupid!" The U.S. economy has dominated the news for months, with concerns about the current chaos and the spiraling deficit.

"The deficit grew from almost nothing just 40 years ago to now more than \$34 trillion," says author and business expert **Mitch Francis**. "Can you picture how successful the U.S. would be if it had no deficit?"

While this may seem far-fetched, Mitch can share with audiences how this could actually happen. Mitch is the author of Bad-Ass Solutions For Today's Big-Ass Problems. He has an extensive business background as founder and CEO of publicly traded and private companies and develops, owns, and manages commercial real estate across the U.S.

SAMPLE QUESIONS: What exactly is the deficit? How did it become so high, and how can we lower it?

CONTACT: Mitch Francis at (424) 380-4561; Mfrancis@rtirguests.com

Surviving Communism, Fighting for Faith: A Firsthand Story of Religious Persecution and Freedom

Laszlo (Les) Suhajda risked everything for freedom as a child, escaping Communist Hungary through a minefield with his family. His book, *Twelve Bells to Freedom*, tells the harrowing true story of how communism sought to destroy faith—banning religion, imprisoning clergy, and forcing families to inform on each other.

Laszlo shares why religious freedom is still under threat and why history's lessons must not be forgotten. His gripping firsthand account will captivate listeners, from history buffs to those passionate about faith, freedom, and resilience.

In addition to being an author, Les is a successful businessman and the inventor of the first wine slushee product in America.

SAMPLE QUESTIONS: What are some of your most poignant memories of escaping from Hungary? Why is religious freedom so important, and how does society maintain this?

CONTACT: Laszlo (Les) Suhayda at (314) 501-6838; Lsuhayda@rtirguests.com

How to Unplug & Reconnect With Your Kids This Summer

Summer break is a golden opportunity to reconnect with your kids—but only if you're intentional. Parenting expert **Richard Ramos**, author of *Parents on a Mission*, says this is the perfect season to reset the family dynamic, reduce screen time, and rebuild influence.

His proven "Home Field Advantage" strategy helps parents strengthen trust, open communication, and create a family culture that lasts beyond summer.

Whether you're navigating teen pushback, stepfamily challenges, or the grip of social media, Richard delivers real-world solutions that have helped thousands of families thrive.

CONTACT: Richard Ramos at (805) 456-1407; rramos@rtirguests.com



Great Summer Interview Topics:

- How to Reconnect with Your Kids During Summer Break.
- Social Media Detox: A Family Reset Plan.
- Creating a "Home Field Advantage" Before School Starts.

Do a Show on the Science of Happiness: What This Doctor Learned from 40 Years in Practice

You might think that worry, self doubt, and complicated emotions are just a fact of life—the unavoidable side effects of growing up and achieving adulthood. But **Ron Schneebaum**, **MD** knows that not only is this NOT the case, we each have the ability to reconnect with our innate capacity for love, joy, and living a more meaningful life.

"Reconnecting with our capacity for love starts with appreciating that love lives within," Schneebaum says. "It's part of our human birthright. We know this by exploring compassion, for compassion is love put into action."

The author of *Bigger Hearted: A Retired Pediatrician's Prescriptions for Living a Happier Life*, Schneebaum draws on his decades of experience as an educator and primary care physician to prescribe common sense, practical techniques to help us break free from limiting beliefs and emotions.

CONTACT: Ron Schneebaum (603) 314-3095; rschneebaum@rtirguests.com

Can Christians Be Democrats? This Pastor Says 'No'—Here's Why

As a Black pastor of 18 years and a former lifelong Democrat, **Frank Tull** brings a unique voice to the intersection of faith and politics. Inspired by personal loss—a 25-year friendship broken due to his support of President Donald Trump—Frank now firmly believes that the Republican Party is far more aligned with Christian principles than the Democratic Party.

"With powerful scripture-based reasoning, I address the role of faith in today's volatile political climate, and why I believe that Christianity and the Democratic Party are mutually exclusive," he says.

He is the author of 8 Biblical Reasons Why Christians Must Vote Republican.

SAMPLE QUESTIONS: What inspired you to switch parties? In your opinion, how exactly does the GOP align with Christian principles, and the Democrats do not?

CONTACT: Pastor Frank Tull at (469) 609-1385; ftull@rtirguests.com

Collaboration Over Conflict: The Secret to Leadership Success

Conflict is everywhere—in the office, at home and in our communities. But what if you could stop disputes before they start? **Samuel Bentil**, a global negotiation expert, reveals the surprising strategies that turn disagreements into productive conversations.

Whether you're a leader managing a team, a parent navigating family dynamics or someone looking to improve daily interactions, Samuel's proven conflict-prevention methods will help you establish trust, reduce tension and build stronger relationships in every area of life.

Book Samuel to help your audience master tough conversations, even with difficult people, and discover why communication—not control—is the key to lasting harmony. He has helped businesses, families and communities prevent disputes before they start.

Ready to help your audience create more peace in their lives?

CONTACT: Samuel at (778) 656-0067; Sbentil@rtirguests.com

What if Your Mom Stole Your Boyfriend? How to Heal from a Toxic Parent

What would you do if your own mother ran away with your boyfriend? Author **Sabrina Ciceri** faced this ultimate betrayal—but refused to let it define her.

In *If It's Not One Thing, It's a Mother*, she shares how she broke free from generational dysfunction, turned trauma into strength and built the loving family she never had.

With raw honesty and humor, Sabrina reveals how anyone can escape toxic relationships, set firm boundaries and heal—even when forgiveness feels impossible. As a mother of six, grandmother of five and former nurse turned health advocate, she offers an inspiring take on resilience, self-care and rewriting your story.

Book her for an unforgettable conversation about breaking cycles and creating the life you deserve.

CONTACT: Sabrina Ciceri at (352) 308-1596; Sciceri@rtirguests.com

Is Justice Only Available to Those Who Can Afford It?

You've probably heard of the Golden Rule: He who has the gold makes the rules. It's increasingly evident that this aphorism applies to our justice system as much as anywhere else. **James Porfido** has unique insight into this condition: He served for decades on both sides of the courtroom, as a prosecutor and criminal defense attorney.

The author of *Unequal Justice: The Search* for *Truth to Balance the Scales*, Porfido can talk with equal authority about everyday infringements on the rights of the accused as well as the unfair advantages given to the State.

SAMPLE QUESTIONS: In what ways did you see firsthand how money (or lack of it) influenced the outcome of a case? What is your take on recent shake ups in the Department of Justice?

CONTACT: James Porfido (973) 620-2157; jporfido@rtirguests.com

Fast-Track Your Career Without Sacrificing Health or Happiness

76% of professionals are burned out. 40% are considering quitting. Yet, the hustle culture myth says long hours are the only path to success. **Shawn Fry** is here to prove that wrong.

In his book, Sustained Business Growth: How to Lead Radical Change, Overcome Adversity, and Ignite Explosive Growth Without Sacrificing Those That Matter Most, Shawn reveals battle-tested principles and a formula for skyrocketing success—without burnout.

A global business leader who has impacted 60+ companies across 17 countries, Shawn delivers real-world strategies for new grads, working parents, entrepreneurs and executives to work smarter, lead better and thrive personally and professionally—at any stage of their career.

Book Shawn now to give your audience the career breakthrough they need without the burnout they don't.

CONTACT: Shawn at (330) 422-4090; Sfry@rtirguests.com

Charisma Coach Reveals How to Push Past Fear of Rejection

Most people let fear of rejection or not feeling "ready" hold them back from the opportunities they want most. **Malia Rogers**, author of *Magnetic Allure*, is on a mission to change that. With her relatable coaching style and proven strategies, she helps people rewire the way they think about self-worth, confidence and connection—so they can stop second-guessing and start showing up.



Whether you're aiming for a promotion, thinking of switching careers or finally ready to text that person back—Malia shows you how to ditch self-doubt and step into your next big thing with courage and charisma.

SAMPLE QUESTIONS:

- How can someone overcome the fear of not being good enough?
- Why do we let fear of rejection sabotage great opportunities?

CONTACT: Malia Rogers at (208) 923-8366; info@maliarogers.com

Why Your Image of God Is Holding You Back

Rocked by economic instability, social unrest, and increasing uncertainty, many people are grappling with spiritual disconnection. According to Pew Research, nearly 30% of adults feel spiritually disconnected. **Marcia Fleischman**, author of *If God Is Love, Why Do I Feel So Bad?*, believes our internal image of God may be the root cause.

Her groundbreaking book explores how a rigid or punitive view of God keeps people from the peace and guidance they seek. Through practical insights and real-life examples, Fleischman offers a path to reconnect with a compassionate God who can transform your life in trying times.

SAMPLE QUESTIONS:

- How does your image of God affect emotional well-being in uncertain times?
- Can you share how someone has transformed their life by changing their view of God?

CONTACT: Marcia Fleischman (816) 852-3849, mfleischman@rtirguests.com

How to Unlock Financial Success and Personal Growth by Managing Your Life Like a Business

Entrepreneur **Tom Loegering** believes they can—and that it's never too late to start. With decades of experience, including building a \$665 million IRA management company, Loegering brings a wealth of business acumen with a fresh and inspiring perspective: apply those same principles to everyday life.

His message is clear—treat your life like a business. Through strategic planning, clear vision, and consistent action, Loegering empowers individuals to take control of their personal and financial paths. His approach centers on a practical and transformative framework known as the "Seven Pillars": Personal, Financial, Family, Physical, Community, Professional, and Spiritual.

These pillars serve as a blueprint for intentional living, allowing individuals to assess, plan, and act with purpose across every area of their lives.

"I've seen how treating business with intention leads to success," says Loegering. "Those same principles absolutely apply to our personal lives."

Now in his 80s, Tom continues to mentor and inspire others, proving that it's never too late to live with purpose—one pillar at a time.

SAMPLE QUESTIONS:

- Can you explain the Seven Pillars framework and how it helps people create a balanced, fulfilling life?
- How did the principles that fueled your business success apply to your personal life, and how can others adopt them?
- In today's fast-paced world, how can readers quickly use your Seven Pillars to gain clarity and stability?

CONTACT: Tom Loegering at (623) 400-8648; tloegering@rtirguests.com

Psychologist Shares How to Relieve the Stress of Today's Political Chaos

Given the current political climate, why wouldn't you be stressed? You're not alone. According to psychologist, artist, and author **Melody Krafft**: "Americans are experiencing anxiety, stress, fear, and depression at record levels. Many people constantly check their cellphones, cable news, and social media, which greatly adds to their levels of anxiety and fear."

This can leave people feeling powerless, which can become a vicious cycle. She shares how we can reclaim our power in order to conquer stress, anxiety, and fear.

Melody has produced and hosted 15 television specials on self-empowerment. Her book, *Get Me Out of Here! What's Beyond This Madness* won the 2023 NYC Big Book Award.

SAMPLE QUESTIONS: How can people shift from suffering to achieve inner peace in today's chaotic world? What steps can people take to dissolve stress and feel safe?

CONTACT: Melody Krafft at (703) 951-4735; mkrafft@rtirguests.com

Interview the Expert Who Discovered the Biological Root of Self-Sabotage —and How to Neutralize It Fast

What if procrastination, burnout, anxiety, or even toxic relationship patterns weren't flaws—but biological programs? **Dr. Philip Agrios** has spent 30+ years uncovering what he calls the "Inborn Sabotaging Trait:" A hidden, hardwired behavior that silently derails success in business, relationships, and health.



Dr. Agrios's revolutionary T-NOW Method helps people instantly identify and switch off these traits. Whether you're a CEO battling imposter syndrome or a parent overwhelmed by family drama, Dr. Agrios delivers science-backed strategies that get results.

Invite Agrios on your show to demonstrate his method to double productivity, save marriages, boost profits, and improve their mental and physical health.

SAMPLE QUESTIONS: What exactly is the Inborn Sabotaging Trait—and how can someone discover theirs? How can your method help someone stop self-sabotaging behaviors in real time?

CONTACT: Dr. Philip Agrios: (848) 337-5018; Pagrios@rtirguests.com

Dreams, Death, and a Priest's Unlikely Calling to Help Stuck Souls Cross Over

For more than 25 years, Dominican priest **Father Nathan Castle, O.P.**, has helped over 500 people who died suddenly—through accidents, suicides, and other traumas—adjust to life after death. These souls come to him in dreams, seeking healing for what he calls Interrupted Death Experiences[™].

On your show, Father Nathan will share real-life stories that gently dispel common misconceptions about stuck souls and offer comfort to those grieving a loss.

He'll reveal how these extraordinary encounters became his spiritual calling—and how they've brought healing and transformation on both sides of the veil. Along the way, he'll offer practical insights and spiritual tools to help the living find peace and move forward.

Whether your audience is grieving, curious, or seeking peace, Father Nathan offers a deeply compassionate perspective on life after life.

He is the author of the *Afterlife*, *Interrupted* series, a three-book collection available on Amazon.

CONTACT: Father Nathan at (480) 680-9985; ncastle@rtirguests.com

With gentleness and grace, Father Nathan invites your audience to explore big questions:

- Is death survivable?
- Do we remain ourselves after we die?
- Can love help us move on?

Why Top Students Know the Bible — Even If They Aren't Religious

Top students often excel due to their understanding of cultural references, and a surprising factor behind their success is knowledge of the Bible. Even non-religious students benefit from recognizing biblical themes, allusions, and historical context, which enhances their performance in literature, history, and critical thinking.

Tamara Berkman, a Texas State Certified Teacher, created the "Learn the Whole Bible ASAP" curriculum to help students quickly grasp the Bible's storyline. In just 20 short lessons, students improve their understanding of literature, identify cultural references, and sharpen critical thinking skills—key elements for academic success.

Studies show that students with a strong knowledge of biblical references tend to score higher on standardized tests. Research indicates these students score 10-15% higher on SAT Critical Reading and AP English Literature exams compared to peers without this knowledge.

Berkman's book, *Learn the Whole Bible ASAP*, offers a fast, effective way for students and families to understand the Bible's story while boosting academic performance and cultural literacy.

CONTACT: Tamara Berkman (830) 613-9431; tberkman@rtirguests.com



SAMPLE QUESTIONS:

- How does knowing the Bible enhance students' critical thinking and academic performance?
- What makes "Learn the Whole Bible ASAP" unique compared to other Bible curricula?
- Why is it important for all students to have a basic understanding of the Bible?

How a Dog Named Silly Sally Taught Me to Keep My Heart Light (and How to Grieve)

America loves dogs—over 65 million households have at least one. Losing a beloved pet can be heart-wrenching. **Jean Alfieri**, author, speaker, and pet loss grief coach, understands. Her rescue dog, Silly Sally, taught her how to grieve, remember, and celebrate the special bond we share with our pets.

Having adopted older shelter dogs for decades, Alfieri had experienced pet loss before. But when Sally passed, she returned to creative outlets to process her grief. Along the way, she was reminded of others facing similar loss—single friends whose only family was a pet, parents helping a child grieve their first dog, and seniors or veterans who'd lost a comfort or therapy animal.

To support grieving pet owners, Alfieri developed 21 ways to weather the loss of a pet—a practical, heartfelt toolbox of ideas to help others navigate the pain of loss while honoring their pet's memory. Her goal: to bring comfort and lightness by reminding us that love never ends—it simply changes form.

CONTACT: Jean Alfieri at (602) 397-1344: jalfieri@rtirguests.com

SAMPLE QUESTIONS:

- What are a few of the 21 strategies you recommend to grieving pet owners to help them find comfort?
- What did you learn from Silly Sally that you didn't expect, both about grief and about love?
- Were there any particular rituals, like writing letters to Silly Sally or creating a memorial, that helped you the most during your grief journey?
- Could you share one special story of a rescue dog who has profoundly impacted your life and understanding of dogs?

How This Author Turned a Childhood Struggle with Self-Doubt into a Mission to Help Kids Battling Imposter Syndrome

What happens when a child starts believing they're not smart enough, good enough, or "just not a school person"? For bilingual teacher-turned-author **Armida Espinoza**, those doubts began in first grade—and followed her into adulthood. Now, she's using her story to stop the cycle for today's kids.

Through her award-winning *Brave Lolis* children's book series, Espinoza helps kids recognize and redirect negative self-talk before it damages their confidence, performance, and dreams.

As a first-generation, second-language learner, she knows what it's like to go silent in class out of shame. Espinoza's books and workshops equip young readers—and the adults who support them—with the tools needed to build resilience and shift into a growth mindset. Her mission? To make sure no child grows up believing they're not enough.

SAMPLE QUESTIONS: Why is it so important to start teaching kids about self-talk early? What are the warning signs a child may be struggling with imposter syndrome?

CONTACT: Armida Espinoza at (559) 234-3516; aespinoza@rtirguests.com

Can You Decide How Sick You Want to Be?

Living with chronic illness can easily become a maze of endless medications, procedures and doctor visits and it's easy to feel helpless when dealing with constant pain and the loss of body function.

But **Rebecca Renck** says there are ways to fight back and not allow illness to define your life. The author of *Healing Habits: How to Help Your Body Heal Itself From Chronic Illness* learned to manage her severe Crohn's disease with a more natural approach.

She'll explain how to embrace a lifestyle centered on self-care, listening to the body, reducing toxins, and utilizing holistic remedies to manage symptoms—all which support the body's natural ability to heal itself.

SAMPLE QUESTIONS: What are the Healing Habits? What do responsibility, identity and purpose have to do with healing?

CONTACT: Rebecca Renck at (719) 338-5140; rebecca@rebeccarenck.com

Interview the Garage Sale Millionaire

Aaron LaPedis' journey as an entrepreneur started when he was nine years old. He had and went to garage and estate sales, and flipped coins, stamps, and baseball cards. By 21 he was a millionaire.

Bring him on your show to teach you and your audience how to have a five-figure garage sale.



He'll reveal:

- The best ways to declutter your home and make money doing it
- How to buy and sell on online marketplaces and eBay
- The top five scams people are losing money to while buying and selling online
- And much more!

Aaron hosted a national PBS show for many years and has done over 1,000 interviews between radio, podcast, and television interviews. He's also an expert for the FBI. With his 40 years of experience, Aaron will be your next great interview!

CONTACT: Mara at AlaPedis@rtirguests.com

How Work-From-Home Moms Can Turn Passion into Profit This Summer

This summer, millions of moms are looking for flexible ways to earn extra income while balancing family time—and **Roy Martin** is here to help them do just that.

As the founder of the Women's Income Potential (WIP) empowerment movement, Roy is on a mission to guide moms through launching successful work-from-home businesses with practical tools, expert tips and motivating stories.

He's the perfect guest to discuss:

- How women have shaped the work-from-home movement.
- Smart income strategies for today's moms.
- Turning everyday skills into profitable home businesses.
- Balancing wellness while growing a business from home.

Roy's WIP initiative includes a soon-to-launch website, guide-book and digital training designed to meet moms where they are—with real strategies they can act on today.

Roy brings energy, expertise and empathy—making him a must-have guest for your summer show.

CONTACT: Roy at (629) 265-0570; rmartin@rtirguests.com

How to Raise Resilient Kids in Scary Times

Today's kids have more stressors and fear triggers than ever, including constant exposure to social and other media, bullying, intense pressure to excel at everything, and more. In addition, modern society often sends the message that today's kids are fragile. According to **Jack Gindi**, that is our biggest mistake. "Real resilience isn't built by avoiding pain or by force and struggle," he says. "It's built by teaching kids how to navigate life's challenges with confidence and grace."

This conviction led him to found the I Believe in Me program, which provides kids and parents with practical tools for building self-esteem, managing emotions, and setting achievable goals.



INTERVIEW IDEAS: Jack can discuss how his own troubled childhood—which included molestation—and his experiences as a father of four and grandfather of six led him to create this program. He can also share details about how to enable today's kids to become more resilient.

CONTACT: Jack Gindi at (719) 751-8807; jgindi@rtirguests.com

From Unhealthy Relationships to Healing: How This Wellness Expert Transformed Her Life and Will Transform Yours

After 12 years of guiding clients through yoga, chakra healing, and emotional breakthroughs, wellness expert and author **Marilyn Mercado** realized she was struggling despite her expertise. Trapped in an unhealthy relationship, she found herself disconnected from the very practices she taught—until she chose to heal from within.

"I was helping everyone else find their center, while I was off-balance," says Mercado. "One problem can block so much good from entering your world."

Today, Marilyn empowers others through yoga, chakra workshops, and mind-body practices focused on emotional alignment. Her methods help uncover energy blocks, particularly in the Root Chakra, which governs stability and safety, leading to greater peace and growth.

Celebrities like Lady Gaga credit yoga and chakra healing for managing chronic pain and emotional trauma. Marilyn now brings this healing to those seeking balance and clarity. She is the author of *Chakra Tools of Transformation* and offers life coaching to help others reclaim emotional well-being.

CONTACT: Marilyn Mercado at (805) 878-8332; mmercado@rtirguests.com

SAMPLE QUESTIONS:

- How did your own unhealthy relationship shape your approach to healing?
- What's the biggest emotional block people face, and how can chakra healing help?
- How do yoga and chakra healing help with mental health in today's world?

Timely Topic: How to Make a Plan to Care for Your Aging Parents

Let's say you're preparing for a performance review at work, need to attend your kid's soccer game later this afternoon, and the phone rings: your mom has just fallen in the shower, or your dad's had a stroke.

Would you know what to do, which questions to ask, and who to call? Certified Senior Advisor® and Certified Aging-In-Place Specialist® **Debbie C. Miller** has all the answers.

The author of *Doing the Right Thing: Simple Solutions, Essential Tips, & Helpful Resources for Assisting Aging Loved Ones,* Miller brings over 30 years of experience guiding families through the emotional and logistical maze of senior care, providing a step-by-step approach to making confident decisions. "A well-written and necessary guide for anyone dealing with the issues of aging," writes Kirkus in their starred review.

CONTACT: Debbie Miller at (703) 844-4074; dmiller@rtirguests.com



SAMPLE QUESTIONS:

- What are some pervasive myths about elder care?
- What are the biggest mistakes families make when trying to care for aging loved ones?

Unlock Your Next Chapter: How Numerology Guides Reinvention at Any Age

As many people seek a fresh start, whether through career changes or personal reinvention, **Suzan Owens** offers the guidance needed to navigate these transitions with confidence. A renowned Numerologist, author, and speaker, Suzan uses Numerology to help individuals uncover their true potential by identifying core strengths and optimal timing for personal and professional growth.

"If you're unsure where to turn next or feel ready for a fresh start but aren't sure if it's the right direction, Numerology can provide clarity. Your numbers hold the key to unlocking a path that aligns with your true purpose." — **Suzan Owens**

Numerology reveals that each person is born with a unique set of numbers that guide them throughout life. These numbers offer insights into an individual's personality, strengths, and life purpose, empowering them to make decisions that align with their true self.

Suzan Owens is the author of the award-winning *Wisdom of Numerology and Superpowers, Know Your Future.*

CONTACT: Suzan Owens at (509) 315-6515; sowens@rtirguests.com

SAMPLE QUESTIONS:

- How can Numerology guide someone through major life changes, like a career shift or personal reinvention?
- What are a few key takeaways someone can find in numerology to help them unlock their potential?
- For skeptics, how would you explain the value of Numerology in finding clarity and direction?

Timely Topic: This Expert Shares Which Charities Are Worth Donating to (and Which to Avoid)

Many people are quick to donate to charitable causes, especially following natural disasters. But according to author and nonprofit expert **Michele Whetzel**, "It's better to think with your head as opposed to your heart before turning over your hard-earned cash. Do your research first!" She can share what to look for in truly worthy charities, as well as tips for starting your own nonprofit.



Michele is a veteran of the nonprofit arena, founder of Your 501 Guide consulting, and author of the book, *So, You Want to Start a Nonprofit, Now What?*

SAMPLE QUESTIONS:

- What are some examples of good charities?
- What are some red flags to watch out for?

CONTACT: Michele Whetzel at (302) 407-0513; Mwhetzel@rtirguests.com

Why Your Story is Part of Your Family Legacy—Share it

Don't let important family stories be forgotten! Author **Sue W. Sanchez** inspires audiences to embrace their past, strengthen their family bonds and leave a meaningful legacy.

Whether you're a parent, grandparent, or someone searching for deeper purpose, this show is for you!

Sanchez is the author of *Faith*, *Family*, *and Memories: Stories* of *Our Lives in the United States*, *Mexico*, *and Back*. As a storyteller and speaker, she empowers others to preserve their past so future generations can learn, connect, and carry their family's legacy forward.

SAMPLE QUESTIONS: Legacy is often associated with wealth and status. How do you define legacy in a deeper, more meaningful way? What are some of the biggest challenges families face today in staying connected, and how can storytelling help?

CONTACT: Sue W. Sanchez at (915) 590-3512; Sue W. Sanchez@gmail.com

How to Create Positive Life Changes Using the Ancient Wisdom of Astrology & Tarot

Warmer weather brings more than just beach days and vacations—it's the perfect time to reset, reflect and shift your mindset. **Kooch Daniels**, renowned intuitive professional and author of *Sacred Mysteries*, *the Chakra Oracle* and *Stars*, *Cards*, *and Stones: Exploring Cosmic Connections between Astrology, Tarot, and Runestones*, offers a refreshing approach to self-improvement by helping your audience tap into the power of their own mind.

In a lively interview, Kooch will show listeners how to use astrology, Tarot, and setting intentions to eliminate stress and:

- Gain deeper insight into their current life path
- Tap into the wisdom of the cosmos to guide big decisions
- Align with their goals for the rest of 2025

Whether it's love, career or personal growth, Kooch's guidance will offer clarity, remove obstacles and help listeners create actionable plans for success. If requested, through live intuitive readings, Kooch provides real-time insights, empowering listeners to connect with the truth in their heart and their mind.

Summer is a season of transformation—and Kooch can help your audience make it count. Whether you're a believer or a skeptic, her unique approach will give your listeners practical tools to listen within and create the changes they want to manifest.

Book her today for an interesting and insightful interview.

CONTACT: Kooch Daniels at kdaniels@rtirguests.com; (707) 878-5039

The One Thing to Do Every Day to Reach Your Goals

The main reason why most people don't attain their goals is because they often bite off more than they can chew, and get frustrated when they fall short. "That's because most people focus on a lofty goal instead of their progress," says **Gerald J. Leonard**, a successful CEO, author, project management expert and professional musician.

He can share how to change your mindset in order achieve maximum success. Gerald is the author of *A Symphony of Choices: How Mentorship Taught a Manager Decision-Making, Project Management, and Workplace Engagement — and Saved a Concert Season.*

"Don't go for large, lofty goals. Instead, take an inventory of bite-sized milestones, commit to them and celebrate the small-scale wins."

SAMPLE QUESTIONS:

- What small things can people do to attain their goals?
- How can we focus on the positive as opposed to all of the things that can go wrong?

CONTACT: Gerald J. Leonard at (443) 703-2929; gleonard@rtirguests.com

How to Change Your Life 30-Seconds at a Time

Gerald Robison, author of *30 Seconds That Can Change Your Life*, is here to show your audience how to transform their lives in the most unexpected way—one 30-second time block at a time!

Whether they are overwhelmed, underachieving or just struggling to fit it all in, Gerald's simple but powerful time management secrets will help maximize every moment.

His approach isn't about finding more time—it's about making the most of the time we already have. Tune in as he shares his proven tips for turning life's micro-moments into big wins!

CONTACT: Gerald at Grobison@rtirguests.com; (904) 867-2449

Why book Gerald Robison?

With decades of experience in time management, Gerald is the go-to expert who can make your audience rethink how they view time.

SAMPLE QUESTIONS:

- What's the craziest thing you've managed to do in just 30 seconds?
- How can micromanaging our time actually give us more freedom?

How Will America Tackle The Worker Shortage That's Coming?

Economists predict the U.S. will experience massive labor shortages in the next two decades and experts say the nation could be short three million workers by 2030. New technologies like artificial intelligence will fill some jobs, but companies will struggle to fill many openings. **David DeLong** can explain how innovative businesses are meeting chronic staffing shortages by hiring traditionally marginalized workers.

SAMPLE QUESTIONS:

- How does hiring marginalized workers benefit both the company and the people they hire?
- Whether coming from a refugee camp, prison, or dealing with a lifelong disability, what lessons can we learn from traditionally marginalized workers?
- How can businesses recruit marginalized job candidates they would normally overlook to ease their chronic staffing?



David DeLong is the president of Smart Workforce Strategies and the author of *Hidden Talent:* How to Employ Refugees, the Formerly Incarcerated & People With Disabilities.

CONTACT: David DeLong at (978) 764-9555; david@SmartWorkforceStrategies.com

Alcoholism, Infidelity, Bankruptcy: This Couple Can Show You How to Save Your Relationship from Anything

Diana and John Snowden's 57-year marriage is a powerful testament to resilience and transformation.

After facing alcoholism, infidelity, and bankruptcy, the Snowdens defied the odds and rebuilt their relationship, offering a beacon of hope for couples today.

Their five-year separation became a transformative period, where they learned essential lessons about:

- Their mutual desire for hope and direction.
- Their longing for peaceful, loving family bonds.
- The misconception that both spouses carry equal blame for the same problem.

Now, they share their story of vulnerability, growth, and rebuilding a successful marriage—not perfect, but real and resilient. Their journey proves that with honesty and effort, love can survive and thrive, even after life's biggest blows.

SAMPLE QUESTIONS:

- What advice can you give couples facing the same challenges you endured?
- How can couples learn to be open about mistakes they make in a relationship?

CONTACT: Diana and John Snowden at (705) 571-3864; jsnowden@rtirguests.com

Do a Show on the Best Music You've Never Heard

Popular music has a hidden history, and most of it is contained in records that were shelved. So many albums—by artists you probably know and love—either never saw the light of day or were released years after being recorded.

Musician and author **Tom Maxwell** knows quite a bit about the subject, being the hit songwriter for his old band —the multiplatinum-selling Squirrel Nut Zippers. Tom is also the creator, host, writer, and executive producer (along with **Partner Emrys**) of "Shelved," a new Audible audiobook. "Shelved" takes a deep dive into eight projects, featuring licensed music as well as interviews with artists, critics, and industry insiders.

Tom spent his early adulthood as a professional musician, writing a Top-20 hit and touring the world. Now he's an author, most recently of *A Really Strange and Wonderful Time: The Chapel Hill Music Scene* 1989-1999.

CONTACT: Tom Maxwell (919) 444-1074; tommyyum@gmail.com



Hear about:

- The Album MC Hammer and Tupac Shakur Collaborated On.
- The Pink Floyd Project Which Never Saw the Light of Day.
- The Shelved Velvet Underground Album Which Became Their Biggest Seller.

Bridging Beliefs: How the Core Truths of Judaism, Islam, and Christianity Can Unite Us All

What if the world's three major monotheistic religions were never meant to be divided? In *One Lord: Uniting Jews, Christians, and Muslims*, author and researcher **John Hageman** reveals how the true message of God/Allah—hidden within centuries of religious dogma and conflicting scriptures—can bring us together instead of tearing us apart.

With a scientific mind and a spiritual heart, Hageman explores the scriptures of all three faiths, exposing the lies woven into all our holy scriptures—and the Lord's divine truths that still shine through.

Invite Hageman on your show to discover how faith, logic, and wisdom can show the obvious path to unity by simply: loving the Lord, loving our neighbors, doing good, and resisting evil.

CONTACT: John Hageman at (210) 806-7961); jhageman@rtirguests.com

SAMPLE QUESTIONS:

- What are the proofs that there are lies in our scriptures?
- Why would the Lord allow lies in our scriptures?
- What makes you believe that all three of the major-monotheistic religions contain both truth and deception?
- What scriptures are common to these three religions?
- How did your background in the sciences qualify you to undertake this religious task?

Why Cities Need Neighborhood Safety Experts — Not Just More Police

What if preventing gang violence, drug activity, and youth crime didn't require additional cops, but more empowered citizens? For over 40 years, author and crime prevention consultant **Stephanie Mann** has trained "Neighborhood Safety Experts" (NSEs) to do just that.



Working alongside—but independent from—police, NSEs are trusted community members who speak the language, understand the culture, and unite neighbors to reclaim their blocks.

From reducing gun sales to identifying traffickers, this grassroots strategy has built safer, healthier, and more connected neighborhoods through the organization of over 27 citywide prevention committees.

With cities spending billions on crime after it happens, isn't it time we focused on preventing it in the first place? Invite Mann on your show to get insights on how everyday people can powerfully protect their communities.

SAMPLE QUESTIONS:

- What makes Neighborhood Safety Experts more effective than traditional policing in some communities?
- Can you share a success story where citizen involvement led to real change?

CONTACT: Stephanie Mann: (925) 438-0716; smann@rtirguests.com

How to Protect Older Loved Ones From Elder Abuse

More than 57 million people worldwide suffer from dementia. Not only does this awful disease cause severe mental and physical impairment, it can lead to many forms of abuse inflicted by those within the person's orbit.

"My mother, Janie Falk, was the matriarch of a wealthy, high society European family who suffered from dementia at the end of her life," says author **Patrick Falk**. "She was taken advantage of by various scoundrels and family members, with only me, her son, left to pick up the pieces."

Patrick can share how the financial abuse of the elderly at times requires the complicity of lawyers, notaries, curators, and caregivers, and how to avoid it.

Patrick is the author of *Janie and Me: A True Story of the Evolution and Impact of Dementia*, in which he shares his experiences as a caretaker for a loved one who was struggling with dementia.

CONTACT: Patrick Falk at (203) 846-0168; patrickgfalk@cs.com

What It's Really Like to Fly into a War Zone? Interview a Woman Who Did

During her decades-long career as a flight attendant, **Tania Anderson** has had her share of harrowing experiences during some of the most volatile times in modern history, and miraculously survived. "In 2013, I flew military personnel and contractors into Bagram Air Base in Afghanistan. The base was surrounded by pro-Taliban guerrillas, who would sometimes shoot at planes taking off or landing."

Tania currently serves the U.S. military through a Department of Defense contract with a charter airline, which flies American soldiers around the world to every continent except Antarctica.

She is the author of the memoir On Butterflies' Wings: An Anthology of International Escapades, and the upcoming Synchronicity—the Escapades Continue.

SAMPLE QUESTIONS: What were some of your most harrowing war zone experiences? Why do you take on such dangerous assignments?

CONTACT: Tania Anderson at (213) 513-6099; tanderson@rtirguests.com

Let the 'Money Mom' Teach Your Audience Financial Stability

Apart from good health, financial stability is the secret to happiness. Unfortunately, far too many of us aren't great with money and suffer the consequences. Author, speaker, and so-called "Money Mom" **Monique Gagné** is here to change all that, by helping us break free of debt, identify spending habits, and generally improve our relationship with our finances.

The author of *Who Took My Money* and creator of "The Power of Financial Happiness" course, Gagné is a mortgage and financial coach who believes that anyone can achieve financial freedom.

SAMPLE QUESTIONS: What are the seven ways people can understand and fix their money habits? Explain some common financial pitfalls and how to avoid them. What's involved in your 30-Day Challenge that debunks money myths?

CONTACT: Monique Gagné (343) 644-3121; mgagne@rtirguests.com

Why AI Is Not the Enemy: Interview the Thought Leader Who Thinks It's the Path To Our Kids' Future

It's easy to fall into the trap of thinking that AI is a kind of intellectual crutch or scholastic cheat code—and it certainly can be misused in that manner—but thought leader **Marc Prensky** believes that we're giving this remarkable new tool short shrift. In fact, he believes AI is the next step in human evolution.

A graduate of Harvard Business School, Prensky is the author of *Third Millenium Kids: Helping Young People Thrive in an Age of Exponential Technology Change*. Have him on your show to hear his forward-looking take on what today's kids need to change the world, because that's exactly what they're about to do.

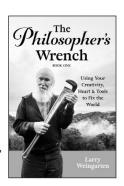
SAMPLE QUESTIONS: Why do you think it's a myth that kids' malaise is caused by their cell phones? Tell us what you mean by non-biological evolution, and how is AI a part of that?

CONTACT: Marc Prensky at (516) 701-1440; mprensky@rtirguests.com

From Water Heaters to Relationships: How to Fix Anything

Larry Weingarten takes a philosophical approach to fixing things and believes the process of fixing physical things is remarkably similar to the process of fixing emotional and spiritual issues.

Invite the author of *The Philosopher's Wrench* on your show and learn how to enlist the powers of openness, perspective, and a quiet mind to help fix any sort of problem that crosses your path.



Larry is an expert on hot water heaters, energy efficient homes, and living off the grid. He built an off-grid home in 2006. It was the 13th house to meet the '1000 Home Challenge', a competition for creating super-efficient homes.

SAMPLE QUESTIONS: How is quarreling with your spouse like dealing with a broken water heater? What is the best and worst part of living off the grid? You call yourself a hot water nerd, what does that mean?

CONTACT: Larry Weingarten at (831) 402-0490; lweingarten@outlook.com

The 80s Are Calling ... They Want You to Eat Like They Did

If you're struggling with your nutrition goals, consider the benefits of eating and having a lifestyle like it's 1980!

Jodi Velazquez relied on her childhood habits to assist with nutritional care for her young daughter. "My daughter was diagnosed with Type 1 Diabetes at 19 months old. I had great success with managing her diabetes by incorporating a diet for her that was like the way I ate in the 80s. I also kept her active like I was as a child."

The author of *Know the Enemy: Preventing Weight Gain*, *Diabetes & Disease* will explain how she created a lifestyle that keeps her family healthy and how listeners can do the same.

SAMPLE QUESTIONS: How hard is it to achieve 1980s-style eating and lifestyle today? Is this way of eating only for diabetics? What is the biggest difference in nutrition and lifestyle from the 1980s to today? What is most overlooked but easiest to change regarding the poor American diet?

CONTACT: Jodi Velazquez at (412) 606 9628; slickmoveguide@comcast.net

How Wives and the Men Who Betrayed Them Can Heal

Infidelity is a leading cause of divorce in the U.S. But while many marriages do not survive such betrayal, author and marriage therapist **Marsha Means** claims that there is hope. "In a number of cases, cheating is a result of sex addiction," she says. "The problem is the same with any form of addiction, be it sex, heroin, or alcohol, which often is the result of unresolved childhood trauma."

Marsha can share how to address past trauma to break sex addiction for good, and how couples can survive the pain. She is the author of the critically acclaimed books *Learn Empathy: Help Your Betrayed Wife Heal* and *From Betrayal Trauma to Healing & Joy: A Workbook for Partners of Sex Addicts.*

CONTACT: Marsha Means at (520) 341-6002; mmeans@rtirguests.com



SAMPLE QUESTIONS:

- How can you tell if your spouse is a sex addict?
- What are some of the treatments and tools couples can explore in order to heal their relationship?

A Shot of Feel-Good: Remembering a Romantic Leading Man, Patrick Swayze

Actor Patrick Swayze played several romantic characters during his career. He was Johnny Castle in *Dirty Dancing*, Sam Wheat in *Ghost*, and Orry Main in *North and South*, to name a few.

Today, years after his untimely death from pancreatic cancer, he is cherished for his strength of character and being a good guy who demonstrated courage in the face of adversity, and his work still entertains and inspires millions.

For a fun, feel-good show, invite the author of *Patrick Swayze*: *Still Inspiring!* to share behind-the-scenes stories, anecdotes from Hollywood colleagues and friends, and tributes to the star.

Sue Tabashnik is an authority on Swayze. She's written five books about the actor, Patsy Swayze and *Dirty Dancing*, wrote for Swayze's official fan club magazine, and met the star several times, which she says changed her life forever.

SAMPLE QUESTIONS: Why is remembering Patrick Swayze a shot of feel-good? Why could Patrick be remembered as a hero?

CONTACT: Sue Tabashnik at (248) 719-0326; stabashnik@msn.com

Is Travel the Fountain of Youth?

Evelyn and **Natalie Kelly** believe that exploring the world enhances mental wellness and fosters resilience. And they should know, this mother-daughter team has journeyed to seven continents, 88 countries, and 50 states.

Bring them on your show for personal stories, practical tips, and uplifting insights as they encourage your audience to embrace adventure, connect with different cultures, and unlock their own fountain of youth through transformative travel.

Natalie is the CEO of an organization focusing on behavioral health. Evelyn, 90, a writer and speaker, says travel helped her find the Fountain of Youth and intends to visit 100 countries before she turns 100. They are the authors of *Have a Love Affair with Travel: Your Ticket to an Exhilarating Life*.

SAMPLE QUESTIONS: How has travel transformed your outlook on life? How does exploring new places and cultures keep your mind sharp?

CONTACT: Natalie Kelly at (850) 570-5747; Natalie@travelersatheart.com

Outlaws, Rebels and Femme Fatales:

What History's Most Notorious Leaders Can Teach Us About Leadership Success

The long-held belief in the business world is that leadership lessons can only be learned from positive role models. However, **Steve Williams** claims, "We can learn a lot about effective leadership from the likes of Viking Shield Maiden Freydis Eiríksdóttir, Genghis Khan, and Hells Angel Sonny Barger."

He can share the specific tactics that made these infamous characters such effective head honchos, and how to apply them to your own path to success. He is the author of six books including *Notorious: Leadership Lessons from History's Most Notorious Leaders*, with a foreward by renowned author Jack Canfield, and a certified leadership coach and QMS expert.

SAMPLE QUESTIONS: What are some examples of how these notorious people made great leaders? What are the comparisons between them and effective leaders of today?

CONTACT: Steve Williams at (920) 280-1068;

Can America's Political Parties Coexist? This Conservative Thinker Says "No"

Americans are more divided than they have been in decades, and author **Taylor Woodruff** believes that they should remain that way. "I understand that a national divorce is a tough sell," he says. "Now that Trump has won, he will put forth policies that should result in a measure of peace and prosperity. If he is successful, this will result in a semblance of national unity, which most people want. Be that as it may, I still believe that America should divide, not out of rancor, but because of the competing moral platforms within the culture."

He is the author of *The Case for National Divorce*, *One Christian's Perspective*.

SAMPLE QUESTIONS: How, in your opinion, can Americans coexist if they are divided? Do you foresee a civil war in the future?

CONTACT: Taylor Woodruff at (252) 888-5892; twoodruff@rtirguests.com

How to Live Longer and Stronger, with Herbs

The idyllic Caribbean nation of Dominica, where herbs expert **Gladstone Etienne** grew up, is a nature paradise known for its pristine environment, organic foods and laid-back lifestyle. Gladstone claims that the citizens there live longer, and stronger, as a result. "According to the BBC, Dominica has the highest number of centenarians per capita in the world," he says. He also gives credit to herbal medicine, which he began studying as a child.



Gladstone went on to develop a line of teas, to make it easier for Americans to gain the wondrous health benefits of herbs. He is the founder of ZABIOLife herbal tea company.

SAMPLE QUESTIONS:

- Which herbs are a must for a healthier life?
- What are the best, safest ways to consume herbs?

CONTACT: Gladstone Etienne at (301) 820-7656; Getienne@rtirguests.com

What No One Tells You About Tapping Into Your Soul's GPS

Renowned psychic, badge-carrying detective, and animal communicator **Nancy Orlen Weber** will reveal the extraordinary power of tapping into your soul's guidance to transform your life. By accessing your inner wisdom, you can develop deeper connections with people and animals, unlock your life's purpose, and navigate challenges with clarity and confidence.

With more than 45 years of experience, Nancy is a true expert in animal communication, psychic investigations, and spiritual development, and the author of several books, including *The Life of a Psychic Detective*.

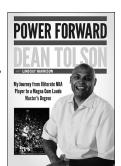
SAMPLE QUESTIONS: How can someone start connecting with their soul's guidance in everyday life? What are some common myths about psychic intuition that you can debunk? What are some examples of the real-life mysteries you have solved as a psychic detective?

CONTACT: Nancy Orlen Weber at (973) 453-0906; NWeber@rtirguests.com

Interview the First Illiterate NBA Player to Get a Master's Degree

Dean Tolson was functionally illiterate when he joined the Seattle Sonics in the 1970s. Sure, he was the all-time rebounder at the University of Arkansas, but that didn't prepare him for life after four years in the NBA.

Tolson believes his greatest achievement was earning a master's degree magna cum laude. Now he devotes his life to reach at-risk youth and adults about the power of education.



Tolson is the author of *Power Forward*, a book about his experiences on the court as well as in the classroom. He's living proof that adversity is no match for a positive attitude.

SAMPLE QUESTIONS: People think being a pro basket-ball player means you're set for life. What's the reality? What do you tell kids who think education is a waste of time?

CONTACT: Dean Tolson (253) 884-8934; dtolson@rtirguests.com

What Your Doctor Won't Tell You About Menopause

Menopause is a universal life stage that impacts millions of women worldwide, yet it remains under-discussed and misunderstood. Women often feel isolated or unsupported and struggle with symptoms that affect their health, happiness, and relationships. Many feel traditional medical advice is limited and doesn't address the whole person or offer sustainable solutions.

Lisa Triggs can share her transformative journey from deep depression and debilitating symptoms to a life of joy and fulfillment. The author of *The Menopause Mindshift: How I Unleashed My Inner Queen, And You Can Too!* will inspire women to go beyond medication to truly transform their menopause journey. She'll offer practical tools like meditation, affirmation, and visualization to bridge the gap between medical and physical health during menopause.

SAMPLE QUESTIONS: Why do you think there is a gap in support for women in menopause? What unique advice can you offer to women struggling with symptoms?

CONTACT: Lisa Triggs at (647) 668-0424; lisa@themenopausemindshift.com

Blame it on Biology: Why We Get So Mad Talking Politics

Although we may never be able to fix the divide we have in politics today, maybe we can better understand it. Have you ever found yourself in a full-blown fight about politics after what started as a calm conversation with a friend and wondered, "How does that happen?" Psychiatrist **Melvyn Lurie** says more is going on than you realize. Invite the author of *The Biology of Politics* to explain exactly what is happening.

In plain terms, he says it's all about basic biology: we all have certain drives that are part of our animal nature which must be met.

For example, even much simpler creatures like birds have an innate drive to protect the nest. When people talk about tightening the border, he says many are operating out of a very deep drive to "protect their nest." On the flip side, he says there's an equally powerful drive to help the most vulnerable—one that motivates people to expand the safety net.

Lurie can discuss the many hidden drives that are a fundamental part of our nature and help your audience learn how to discuss and debate politics (or anything) with family and friends without resorting to anger, rage or name-calling.

Dr. Lurie is an honors graduate of Harvard Medical School. He has practiced and taught medical students at Harvard and Tufts, has served as an expert witness, managed political campaigns and once even ran for political office.

CONTACT: Melvyn Lurie at (857) 376-6874; mlurie@rtirguests.com

Want to Live to Be 90? The One Health Style Change You Need to Make

Author and environmental activist **Richard Schwartz**, **Ph.D.**, is 90-years-young and still going strong. His secret? "I have followed a vegan diet for decades," he says. "I am convinced that that has been the key to my longevity and remaining healthy at an advanced age."

He also believes that animal-based industries are destroying the planet by largely contributing to climate change. "The world is eating itself into distinction," he adds. "If people don't embrace vegetarianism and veganism on a massive scale, I am convinced that humans will be extinct by 2100."

An experienced media guest, Richard is the author of *Vegan Revolution* and several other books.

CONTACT: Richard Schwartz at (914) 533-1949; rschwartz@rtirguests.com

Are Autism and ADHD Actually Superpowers?

Autism and ADHD are generally considered disabilities for individuals who struggle with them. But according to **Donna Redman**, those individuals are simply more in tune with their senses—which can be viewed as superpowers!

"People with autism, ADD, and ADHD (just to name a few) are often overwhelmed by their senses," she says. "The problem is, they have so much sensory input that it's hard to process everyday experiences. This can cause them a lot of stress and, in some cases, great pain."

Donna created the Secret Genius of Sensory Processing Program to allow neurodiverse children and adults to unlock their hidden genius by using their senses to their advantage.

SAMPLE QUESTIONS: What are some of the biggest myths about people with autism that you can debunk? How do their senses differ from those of "normal" people, and what can they do to feel less overwhelmed?

CONTACT: Donna Redman at (973) 876-5903; dredman@rtirguests.com

Meet the Woman Who's Traveled the World, Juggled Businesses and Learned How to Care for Her Mother with Dementia

Brenda Prater Sellers has lived a fabulous life. She's climbed Mt. Everest, chatted with celebrities, and written a book about her amazing adventures. If that wasn't enough, she also took on her most important job: caring for her aging parents.

She's slept in some of the craziest places and learned a lot of lessons about perseverance, mental health and supporting loved ones—all while inspiring others and sharing her story of hope.



Bring Brenda on your show to share her life journey, discuss her international travels, and encourage readers to focus on what really matters in life. She is the author of *You Slept Where? Calamities of a Clumsy Businesswoman*.

SAMPLE QUESTIONS: Where is one place you think everyone should visit? How can caregivers find a healthy balance between taking care of loved ones and caring for themselves?

CONTACT: Brenda Prater Sellers at (865) 344-1755; bsellers@rtirguests.com

'How Amnesia Saved My Life'

After experiencing unimaginable childhood abuse, bestselling author, master coach, and board-certified music therapist **Lisa Morgan** experienced amnesia and soul fracturing—what was previously known in the psychiatric field as multiple personality disorder.

"These were coping mechanisms, which aided my survival," she says. "When panic and anxiety struck in 1999, it launched me onto a profound healing journey."

She developed body-voice-energy therapies that helped her to survive, and thrive, despite the deep emotional trauma she experienced.

On your show, she'll share strategies from her Freedom Body Blueprint© and Targeted Truth-Talking & Tapping© programs to help your audience heal and reclaim their fullest potential, teaching them how to break free from hidden emotional blocks and resistance. She is a sought-after speaker and co-author of *Against All Odds*.

SAMPLE QUESTIONS: How can people overcome even the most debilitating trauma? What are some emotional blocks people may have, and how can they get unblocked?

CONTACT: Lisa Morgan (314) 265-3491; lmorgan@rtirguests.com

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Inside... over 86 authors and experts for interviews including these featured guests...

The Hidden Epidemic: How Isolation is Impacting Teen Mental Health

While the general belief is that the elderly are more inclined to experience loneliness and isolation, recent university studies have concluded that teens actually are more likely to experience this. One major cause is pervasive overuse of social media.

"Social media can lead to feelings of negative comparison, inadequacy, and exclusion for teens," says retired psychiatrist and author Dr. Shila Patel. "The resulting feelings of isolation can result in a host of physical and mental health issues, ranging from weakened immune function to acute depression, as well as thoughts of sucide."

Shila is a retired psychiatrist who spent her career focused on women's and children's issues, and the author of the three-book series US Unhinged 1 and 2 and US Fractured.

SAMPLE QUESTIONS: What are the major signs of teen isolation? How can parents, teachers, and health professionals support kids who are experiencing this?

CONTACT: Dr. Shila Patel at (229) 586-6190; spatel@rtirguests.com